

## Managing life with cancer

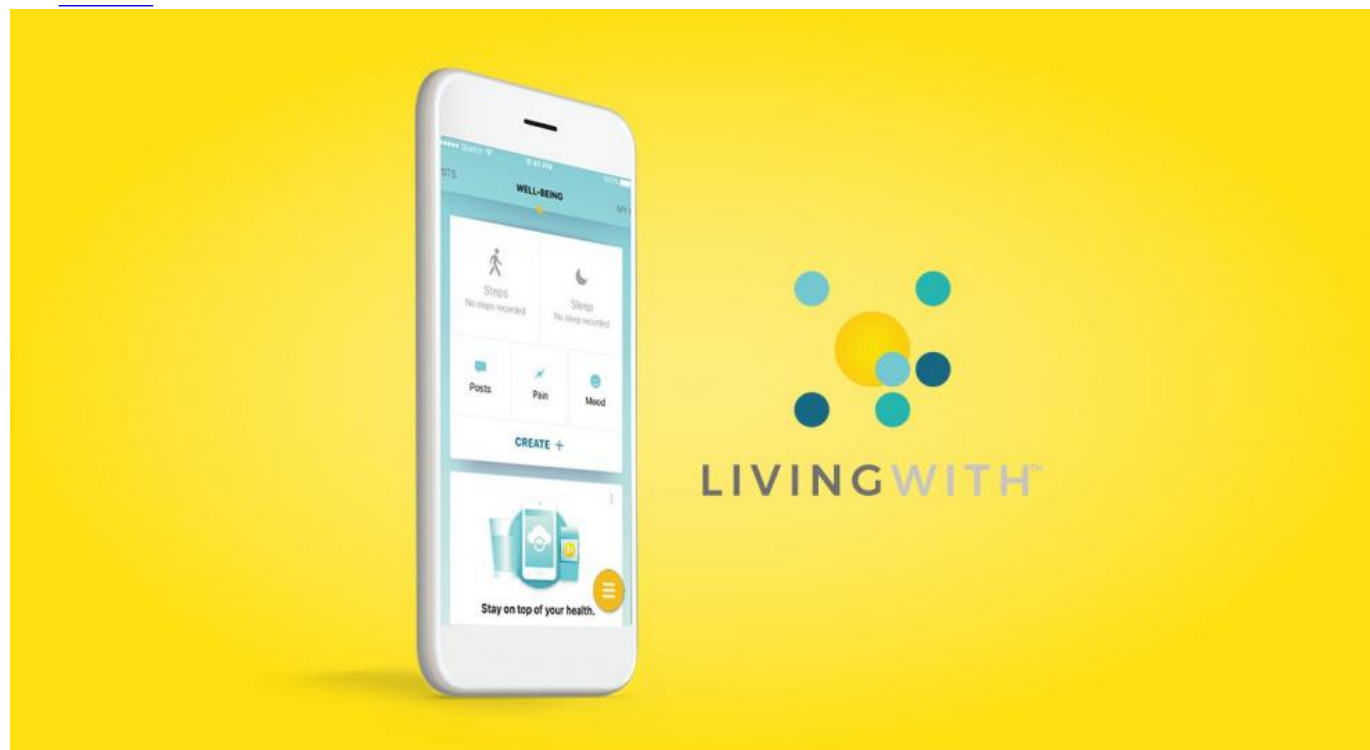
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**LivingWith™** is a free app designed to help patients and caregivers manage life with cancer. Part of a broader initiative from Pfizer Oncology, the app can help you connect with loved ones, get the support you need, improve communication with your doctors and stay organized. Here's a look at some of the things **LivingWith** can help you accomplish:

### **Build a Network of Support**

**LivingWith** helps you connect with loved ones and easily share updates about your

health and how you're feeling. Your support network can also share their updates and send encouragement.

### **Request Help When You Need It**

The app allows you to send requests to members of your support network for help with daily tasks, whether it's childcare, grocery shopping, household chores or other needs.

### **Organize Your Care**

**LivingWith** is your personalized digital companion during doctors' visits. You can use the app to take notes and record important conversations with your doctor, and store key documents related to your care in one place. It also consolidates your calendar appointments and sends reminders about important tasks.

### **Monitor Your Health**

You can use the app to track your mood, pain, sleep and daily steps—all valuable information you can share with your caregivers. It also integrates with other health apps and wearables.

Learn more about the **LivingWith** app [here](#).



Explore LivingWith™

**A free app designed to help manage life with cancer.**

Download **LivingWith**™ for free or [learn more about the app](#).

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